



# Pansy Press

Spring 2011



## President's Greeting

My Dear Deltas,

In the Nov/Dec 2010 issue of the AARP magazine, there was an interesting article on chronic loneliness, its adverse effects on health and happiness, and how it is on the rise in the US with more than 44 million adults over age 45 suffering. (*For more info on chronic loneliness visit [aarp.org/loneliness](http://aarp.org/loneliness).)*

This was just so striking to me. I feel so happy and lucky to be engaged in a number of activities, social connections and personal relationships that I find give meaning and a sense of belonging, and of course Tri Delta is high on that list.

Some suggestions for keeping loneliness at bay include taking time to volunteer, joining a social club or community organization, and staying in touch with former colleagues.

I hope that all of you have these resources for social outlets, and ***always remember that Tri Delta is for life.*** Tri Delta will always be there to support you, and you are always welcome to reach out to us. If you need a ride to an event, let us know. If you need financial assistance, don't forget about the Crescent Fund (page 14). If you want to go someplace special, but don't want to go alone, let us know - we can turn it into a group outing!

Wishing you a very happy and fulfilling spring, and I hope to see you soon!  
*Much delta love and mine, Tamiza*

## South Bay Alumnae's Facebook Page



Facebook is an online social networking Web site that, as they say is "Giving people the power to share and make the world more open and connected." Individuals and organizations can create profile pages to provide information and status updates on their activities. Many also post pictures.

South Bay Alumnae Chapter established its Facebook page this fall. If you are Facebook member, please come check it out (and like!) by typing South Bay Tri Delta in the 'Search' box.

If you are not a member of Facebook, you can still see all of our updates (information, event reminders, etc.) on the front page of our Web site, [www.dddsobay.org](http://www.dddsobay.org).

National Tri Delta, and many collegiate and alumnae chapters across the country also have Facebook pages. You should check to see if your alma mater has one set up to keep up to date on their activities!

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## The Sunshine Box

*“You are my sunshine, my only sunshine. You make me happy when skies are gray. You’ll never know, dear, how much I love you. Please don’t take my sunshine away.”*



### Thank You and Congratulations to Diane Petersen!

We would like to thank Diane Petersen, *Ohio Wesleyan*, for her dedication and hard work as our representative to the South Bay Alumnae Panhellenic Association.

Three years ago, Diane volunteered to be our representative, and she very graciously jumped right into the Secretary position! She has since rotated as Vice President, and now serves as the South Bay Panhellenic President!



**You would be so proud of how Diane has represented Tri Delta, and how much she has generously given of herself.**

**We would like for us to show our appreciation to Diane by supporting her in March at the Panhellenic Benefit Luncheon.**

Please save the date. Reservation information will be coming soon.

The event is open to everyone. It’s a great time to get together with your friends from other houses!



### **SAT, MARCH 19, 11:00AM: SOUTH BAY PANHELLENIC BENEFIT BRUNCH**

Rolling Hills Country Club, 2700 Palos Verdes Drive East, Rolling Hills Estates

- Benefits South Bay Alumnae Panhellenic Scholarship fund
- Lunch, Keynote Speaker, Silent Auction, Raffle Ticket Drawing
- Ticket: \$40, includes valet parking
- <http://southbaypanhellenic.com/page05.html>

## SCAC Philanthropy at Ronald McDonald House

On January 15th, Southern California Alumnae Council members prepared and served lunch for approximately 60 residents of the Ronald McDonald House that supports families of patients at Children’s Hospital Los Angeles. SCAC’s 18 volunteers included 15 alumnae and 3 collegiate members, who arrived early to set up for lunch, which ran from 11:30am to 1:00pm. Our delegate, Carole O’Neill, attended on our behalf. Pantry items that were collected at our Holiday Party were donated as well.



## Chapman Initiation



On Friday, Nov 19 - Sat, Nov 20, 2010, Chapman University held its first initiation. We now have over 90 new young women who have joined our sisterhood. Congratulations and welcome!

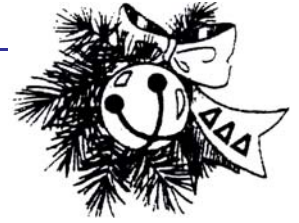
If you have news and photos to share with the chapter, please email us at [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org).

We love to know what our sisters are up to, & hear how you’re doing!



## 64th Annual Sleighbell Update

*Ann Blayney, outgoing Sleighbell President, and South Bay Member*



Delta Delta Delta Committee for Childrens Hospital Los Angeles is pleased to announce that the 64th Sleighbell Luncheon at the Beverly Hilton Hotel, A *Cardinal Celebration*, was a great success, and we were able to give a signification donation despite the troubled economy.

Those attending gave rave reviews. The committee members thank all of those that helped to make this another successful year by donating, attending, and volunteering. The South Bay Alumnae Chapter should be very proud of their outstanding representation at this event. This truly is a holiday tradition for Delta Delta Delta Los Angeles.

We have a new slate of officers taking over the Sleighbell Committee this year, and we are proud to announce that Tamiza Teja will be taking over the Vice President position.

I will stay on as Advisor and continue to expand our relationship with collegiate chapters promoting philanthropy built upon three deltas: local philanthropy such as Children's Hospital Los Angeles, the Tri Delta Foundation, and St Jude.

**Mark your calendar to be involved on December 06, 2011, for this gala luncheon.**



**(L-R): Ann Blayney, Sleighbell President, Jean Hunt Gaines, past National President of Delta Delta Delta, and Dr. Anat Epstein, Keynote Speaker from Children's Hospital Los Angeles**

This year's centerpiece for  
*A Cardinal Celebration*  
featuring two birch trees decorated with  
red cardinals and red cranberries.



# 64th Annual Sleighbell Photos



Sleighbell Committee members including several South Bay members: Ann Blayney, Sue Gates, Dee Gavins, Linda Pierce, Tamiza Teja, and Barbara Tillotson

[More photos at www.sleighbell.org](http://www.sleighbell.org)

Our ad in the 2010 Sleighbell Program

Children's Fashion Show featuring clothing from Doll House



Sterling Capriccio Boutique Fashion Show



## South Bay Alumnae Chapter of Delta Delta Delta

**Congratulates South Bay Member and Sleighbell President Ann Blayney For Another Successful Event! and We Remember Our Dear Sister, Zoe Thompson Bergquist.**

**Best Wishes to Everyone for a Happy and Healthy Holiday Season!**

*Delta love from Your South Bay Sisters,*

- |                           |                             |
|---------------------------|-----------------------------|
| Anna Amador               | Marlis DeGrootte Larkins    |
| Karen Bennet Baker        | Gale Nason Lovrich          |
| Andrea Meyer Barker       | Janet House McKie           |
| Ann McCraw Blayney*       | Gloria Lovelace Miller      |
| Gayle Martin CdeBaca      | Andrea Faulk Niemi          |
| Mary Louise Fiala Crocker | Trichelle White Nishida     |
| Hayley Crombie            | Kim Fleming Nokes           |
| Pamela Ketelsen Dank      | Carole Van Camp O'Neill     |
| Alyson Black Decker       | Pat Klein Paulson           |
| Ann Kern Ehrenclou        | Katie Holden Pederson       |
| Celeste Farley            | Diane Y. Petersen           |
| Elaine Sheldrake Florance | Linda Cason Pierce*         |
| Shan Duis Freeman         | Jody Beauchamp Porter       |
| Sue Jordan Gates*         | Lee Hayden Posluszny        |
| Deanna Dales Gavin*       | Pat Tully Prideaux          |
| Stephanie Stock Goldman   | Kim Karrenburg Reher        |
| Cappie Roberts Green      | Karen Burr Rhodes*          |
| Margo Cline Greenberg     | Gerel Guthrie Santiago      |
| Sharon McElroy Guthrie    | Susan Brundige Scott        |
| Beth Hadley               | Jody Lawton Smith           |
| Judy Wittneben Haw        | Tamiza Teja*                |
| Pat Partney Heaney        | Barbara Epperson Tillotson* |
| Cindy Clark Hoy           | Sharon Walder               |
| Jane Martin Klug          | Linda Garrett Whitson       |

\* Sleighbell Committee Members

[www.dddsobay.org](http://www.dddsobay.org)

## New Name and Logo for Children’s Hospital Los Angeles

Children’s Hospital Los Angeles has announced that they have (*slightly*) changed their name.

Formerly Childrens Hospital Los Angeles, they are now Children’s Hospital Los Angeles *with an apostrophe*. To go along with the name change, they now feature a new logo and tagline, “We Treat Kids Better.”

Children's Hospital Los Angeles is located at 4650 Sunset Blvd, Los Angeles, CA 90027, on the corner of Sunset & Vermont in Hollywood. [www.chla.org](http://www.chla.org)



## Undergraduate and Graduate Scholarships Available



### DELTA DELTA DELTA FOUNDATION

As part of its mission to assist Tri Delta and her members, the Tri Delta Foundation offers **undergraduate and graduate scholarships** to collegians and alumnae each year. Scholarships are awarded based on chapter and campus involvement, community service, academic achievement and financial need. Applications for the 2011-2012 academic year are available at <https://www.tridelta.org/Document/Foundation/Scholarships>. Application materials must be post-marked by **March 01, 2011**.



### SOUTH BAY ALUMNAE PANHELLENIC ASSOCIATION

Proceeds from the Spring Benefit go toward scholarships for local South Bay girls and women. **High School Scholarships:** Requirement: senior girls attending a high school in the South Bay. **Collegiate Scholarships - undergraduate and graduate students are eligible.** Requirements: must be an active member of a National Panhellenic Conference sorority who also: 1) is a past or current resident of the Los Angeles South Bay area; 2) attended a high school in the South Bay; 3) attend a university in the South Bay (CSUDH); or 4) are dependents of a South Bay resident. Applications and more information at <http://www.southbaypanhellenic.com/page04.html>. The **deadline for applications is March 15, 2011**.



### TRI PSI SCHOLARSHIPS AND LOANS

The sorority for Tri Delta mothers offers scholarships and loans to members of Tri Delta. Tri Psi awards **\$1000 scholarships to members of Tri Delta who are entering their junior year in college**. Only one applicant from each chapter may apply for a Tri Psi Scholarship. **The deadline for applications is March 5, 2011**. Tri Psi offers loans to **Tri Deltas who are entering or who are already enrolled in graduate studies**. The \$3,000 loans are offered at a 2% annual interest rate and must be repaid within five years. Applications and more information at [https://www.tridelta.org/Collegian/Awards%20and%20Scholarships/Collegian/Tri\\_Psi\\_scholarships](https://www.tridelta.org/Collegian/Awards%20and%20Scholarships/Collegian/Tri_Psi_scholarships).

## Christmas Travels

As many of you know, Margo Greenberg was not able to host our Annual Holiday Potluck. So where was she?

Here are photos from her Christmas Market trip in December. They cruised down the Danube River from Prague to Budapest. Margo says, "I was sorry to miss the Holiday Party and Sleighbell, but I was able to get in the Christmas spirit on this trip."

We're so glad that Margo has shared these beautiful pictures!



## Thank You from the Delta Delta Delta Foundation

Mon, October 25, 2010

Hi Tamiza,

On behalf of the Tri Delta Foundation, thank you so much for your generous gift to the Foundation. Please extend our sincere thanks to the rest of the South Bay Alumnae Chapter and let them know that because of your support, the Foundation has been able to offer both graduate and undergraduate scholarships to 42 members this year.



Also, through the Crescent Fund and Collegiate Crescent Fund, we have been able to help members in financial crisis. The Foundation also supports several programs offered by the Fraternity for member education and leadership. This year, the Foundation will be supporting the Regional Leadership Conference for collegiate officers scheduled to take place in Dallas in February of 2011.

**Thanks to your dues and generous donations to our chapter, the South Bay Alumnae Chapter will be able to donate \$400 to the Foundation in 2011: \$200 for the Crescent Fund and \$200 for the Graduate Scholarship Fund.**

We deeply appreciate your generous support and love for Tri Delta. You are truly setting an example for other alumnae chapters to follow. You are making a real difference in the lives of our sisters!

Thanks so much for all you do for Tri Delta!

Delta Love,  
Nicole Hughes  
Trustee, Delta Delta Delta Foundation

### Webinar: "Navigating TriDelta.org"

WHEN: Sunday February 20, 6:00 pm

Frustrated with tridelta.org? Can't find what you're looking for? Found a document once, but can't find it again? Wish it was more user friendly?

In "Navigating Tridelta.org" you will learn hints and understand more about what is there and how to use it. Join the technically challenged for an enlightening evening. We will be showing how to find common documents and will answer some questions you and others have been asking!

Registration links will be sent approximately two weeks prior to the date via *The Pine Tree*. Tri Delta offers a variety of electronic newsletters for members, chapter officers and friends. The *Pine Tree* is a quarterly publication that ties in with the theme of that quarters Trident. All members and supporters of Tri Delta are welcome to subscribe at [https://www.tridelta.org/Document/MemResources/pinetree\\_archive#pine](https://www.tridelta.org/Document/MemResources/pinetree_archive#pine)



### CONGRATULATIONS TO THE LADIES OF EPSILON ZETA AT LMU!

LMU held Spring 2011 Formal Recruitment from January 21-23.

LMU chapter made quota again this year with one quota addition – so 63 new members!!!

Way to go!

## Spring 2011 Calendar of Events

All Tri Deltas are welcome! You do not need to pay dues to attend any of our events. Email notices are sent about one week before the event with additional details.

**If you need a ride or want to carpool, please contact  
sobaytridelta@ddsobay.org or 310-561-6501.**

You can RSVP for any event by contacting sobaytridelta@ddsobay.org or 310-561-6501.

### **SAT, JAN 08, AND SUN JAN 09, 10:00AM-4:00PM SBAPA PHILANTHROPY BENEFITING WORKING WARDROBES**

*Diane Petersen's Home, 460 Via El Chico, Redondo Beach*

- Donate business casual and professional clothing, purses, shoes, toiletries, jewelry, scarves, belts. Plus size clothing is greatly needed.
- Working Wardrobes helps adults in crisis re-enter the workforce by providing appropriate work clothing and career development



### **TUESDAY, FEBRUARY 22, 7:00PM EVENING OUT WITH THE GIRLS!**

*Thai Rama, 4733 Torrance Blvd (at Anza), Torrance 90503, 310-542-9242*

- Join us for a fun evening of Thai appetizers!
- See the menu at <http://www.thai-rama.com/appetizers.htm>
- The chapter will pay for food
- Drinks are on you - in addition to the ever popular Thai Iced Tea, they also serve beer and wine
- Plenty of free parking in the lot
- If you need a ride, let us know!

### **MONDAY, MARCH 07 NATIONAL PANHELLENIC WEAR YOUR BADGE DAY**



### **SATURDAY, MARCH 19, 11:00AM SOUTH BAY PANHELLENIC BENEFIT LUNCHEON**

*Rolling Hills Country Club, 2700 Palos Verdes Drive East, Rolling Hills Estates*

- Benefits South Bay Alumnae Panhellenic Scholarship fund
- Please plan to attend to support Tri Delta's representative Diane Petersen as she serves as Panhellenic President!
- Lunch, Keynote Speaker, Silent Auction, Raffle Ticket Drawing
- Ticket: \$40, includes valet parking
- <http://southbaypanhellenic.com/page05.html>
- Reservation information pending.

## Spring 2011 Calendar of Events (continued)

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**If you need a ride or want to carpool, please contact [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org) or 310-561-6501.**

You can RSVP for any event by contacting [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org) or 310-561-6501.



### **WEDNESDAY, MARCH 23, 12:00PM - 1:00PM HEALTH & WELLNESS EVENT: FREE PILATES CLASS**

*Pilates PV, 627 Silver Spur Road, #310, Rolling Hills Estates, 310-544-4355, [www.shapeshift.com](http://www.shapeshift.com)*

- Free introductory class. The instructor will talk about the history and benefits of pilates, and then give a group session with both mat and reformer work.
- This is a private class us only.
- Location: "The Village" Upper Level facing Deep Valley
- This class will repeat.

### **SATURDAY, MARCH 26, 1:00PM - 2:00PM HEALTH & WELLNESS EVENT: FREE PILATES CLASS**

*Pilates PV, 627 Silver Spur Road, #310, Rolling Hills Estates, 310-544-4355, [www.shapeshift.com](http://www.shapeshift.com)*

- Free introductory class. The instructor will talk about the history and benefits of pilates, and then give a group session with both mat and reformer work.
- This is a private class for us only.
- Location: "The Village" Upper Level facing Deep Valley
- This is a repeat of the class held on March 23.



### **APRIL: LMU CIRCLE DEGREE AND PANSY BREAKFAST**

- Join us as we usher the seniors of Epsilon Zeta into Alumnae membership through Circle Degree and celebrate them at Pansy Breakfast
- More details pending.

### **FRIDAY, APRIL 29, 1:30PM FRIDAY LUNCH BUNCH**

*Yellow Vase Café and Bakery, 51 Malaga Cove Plaza, Palos Verdes Estates, 310-378-0013, [www.yellow-vase.com](http://www.yellow-vase.com)*

- We'll meet for a casual lunch in a beautiful setting!
- Located in Malaga Cove Plaza in the hidden corner courtyard to the right as you're facing Poseidon
- Parking: there is plenty of free parking, however be sure to note whether you are in a 1 hour or a 2 hour space



## Spring 2010 Calendar of Events (continued)

All Tri Deltas are welcome! You do not need to pay dues to attend any of our events. Email notices are sent about one week before the event with additional details.

**If you need a ride or want to carpool, please contact [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org) or 310-561-6501.**

You can RSVP for any event by contacting [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org) or 310-561-6501.

### **SATURDAY, MAY 21, 10AM MEMBERSHIP MILESTONE RECOGNITION**

*Katie Pederson's Home, 29243 Whitley Collins Dr, Rancho Palos Verdes, 310-377-7431*

- Join us as we celebrate the Diamond (75), Golden (50 year) and Silver (25 year) Membership Milestones of South Bay area Tri Deltas
- We will be celebrating ladies from 2009, 2010, and 2011
- Brunch will be provided.



### **FRIDAY, JUNE 10, 6PM-10PM+ DELTA PLUS SUMMER PARTY**

*Tamiza Teja's Home, 5024 Scott Street, Torrance 90503, 310-561-6501*

- This is a Deltas Plus party—please feel free to bring a guest (friend, significant other, etc)
- All appetizers, desserts, and drinks will be provided
- Open house; stop by when you like
- Price: \$10 per person
- **Special Activities**
  - **Tequila Patrón tasting led by expert Caylin Heaney Behrens**
  - **50/50 drawing with the proceeds benefiting Children's Hospital Los Angeles hematology-oncology research**



**ADDITIONAL DETAILS AND EVENTS MAY BE ANNOUNCED THROUGHOUT THE SPRING.**  
*Please watch for communications from us! If you are interested in hosting an event, or have an idea, please contact us at [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org).*



## 2010-2011 Member Roster

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*Available only to dues-paying members.*

**Chapter Email Address:** [sobaytridelta@ddsobay.org](mailto:sobaytridelta@ddsobay.org)

## 2010-2011 Member Roster (continued)

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*Available only to dues-paying members.*

### Useful Tri Delta Websites

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**South Bay Alumnae:** [www.dddsobay.org](http://www.dddsobay.org)

**South Bay Alumnae's Facebook Page:** South Bay Tri Delta

**The Official Web Site of Tri Delta:** [www.tridelta.org](http://www.tridelta.org)

**Deltas Only / Private Side:** <https://www.tridelta.org/Member/Login>

**inCircle (Tri Delta online networking):** <https://incircle.tridelta.org/>

**Tri Delta's Group on LinkedIn:** [www.linkedin.com/e/gis/84692/62F76A1BF965](http://www.linkedin.com/e/gis/84692/62F76A1BF965)

**Twitter:** <http://twitter.com/tridelta>

**Tri Delta on Facebook:** <http://www.facebook.com/pages/Delta-Delta-Delta/63471460372>

**Life Loyal Tri Deltas:** <https://www.tridelta.org/Alumna/Life%20Loyal/>

**Alumnae Chapter Directory:** [www.tridelta.org/FIVE/ChapterDirectory.aspx](http://www.tridelta.org/FIVE/ChapterDirectory.aspx)

**Collegiate Chapter Directory:** [www.tridelta.org/FIVE/ChapterDirectory.aspx](http://www.tridelta.org/FIVE/ChapterDirectory.aspx)

**Delta Shop:** <http://shopddd.com>

**The Trident:** <https://www.tridelta.org/Document/AboutUs/TheTrident>

**South Bay Alumnae Panhellenic Association:** [www.southbaypanhellenic.com/](http://www.southbaypanhellenic.com/)



## 2010-2011 South Bay Alumnae Officers

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**President:** Tamiza Teja, 310-561-6501, bastet44@usa.net

**Vice President:** Hayley Crombie, 650-400-3535, hayleycrombie@yahoo.com

**Treasurer and Membership Chair:** Linda Whitson, 310-833-9041, jlmgw@cox.net

**Secretary/Member Relations:** Eunice Herrera, euniherr85@gmail.com

**Collegiate Relations Chair:** Celeste Farley, 816-286-9600, farleyceleste@gmail.com

**Philanthropy Chair:** Hayley Crombie, 650-400-3535, hayleycrombie@yahoo.com

**Photographer:** Open

**Scrapbooker:** Open

**Newsletter Editor and Web Manager:** Tamiza Teja, 310-561-6501, bastet44@usa.net

**Southern California Alumnae Council Representative:** Carole O'Neill, 310-373-5634, rheoneill@cox.net

**South Bay Alumnae Panhellenic Association Representative:** Diane Petersen, dipetersen@healthcarepartners.com

**Board Member-at-Large:** Pat Heaney, 310-545-6774, pat\_heaney@yahoo.com

### ***Interest Group Lead Contacts***

**Book Club:** Carole O'Neill, 310-373-5634, rheoneill@cox.net

**Chick Flicks and Lunch:** Pat Heaney, 310-545-6774, pat\_heaney@yahoo.com

**Mommy & Me:** Open

### **Pansy Press Distribution**

Pansy Press is published twice a year: Fall and Spring. This coincides with chapter activities which follow the academic year. Pansy Press is distributed in full color in PDF by email or for download at our website, www.dddsobay.org. It is available in hardcopy by request.

## Crescent Fund for Deltas In Need

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The Crescent Fund provides assistance to Tri Delta alumnae in need. Grants provide assistance with medical bills, food, legal fees and basic household expenses.



***If you are a Tri Delta alumna in need, or know a Tri Delta alumna in need, the Crescent Fund is available to offer assistance.***

Contact Tawnya Braeutigam for further information at (817) 633-8001 or [tbraeutigam@trideltaeo.org](mailto:tbraeutigam@trideltaeo.org), or visit [http://www.tridelta.org/foundation/foundation\\_crescent.asp](http://www.tridelta.org/foundation/foundation_crescent.asp).

**All requests and grants remain strictly confidential.**